



2024 Inner West PSSA Athletics Carnival Entries

Closing Date for entries: Friday 2nd August 2024

Please note 1500m entries must be submitted by 4pm, Friday August 2nd without exception.

When entries are complete please email the Excel file back to samara.spedding@det.nsw.edu.au

Information to help you to complete your entry (Please fill in this one rather than create your own as I can use a series of steps and access to enter them all in one go)

- There is a sheet for Boys, a sheet for Girls and a sheet for relays. Please don't add a column or row. You can widen columns if they are too narrow. Size of the font is up to you. Please don't type in names or schools in all capitals eg, Not SMITH but rather Smith. Codes need to be Numbers.
- There is a space allocated for each entry you are entitled to enter. If you don't have an entry for some spaces (eg. You don't have 2 x 13yrs 100m runners) then leave the row blank. Don't delete the row. Only fill in a 2nd field entry if the qualifier is met.
- If you have any additional entries you do not add them but apply to the convenor for an additional entry.
- Birthdates need to be entered in the form DD/MM/YY – eg. 03/10/03. If it appears as ##### when you have entered it just widens the column. For some events – jun and 12/13yrs the ages aren't entered, please add those birthdates and ages in.

- School Codes:

<u>School</u>	<u>Code</u>	<u>School</u>	<u>Code</u>
Abbotsford	1001	Ashfield	1065
Burwood	1455	Concord	1607
Croydon	7411	Croydon Park	7412
Dobroyd Point	3873	Drummoyne	1774
Enfield	1844	Five Dock	1920
Haberfield	2117	Summer Hill	3129

- Times: For 100m in the form eg, 13.65 (no s or sec)
For 200m in the form eg, 30.07
For the 800m in the form (Please note punctuation) eg, 2:47.16 =type in as 247.16 (no colon)
No need to give a time for relays
- Distances and Heights:
Please note there are qualifying heights for the high jump.
Record in the form eg, 16.25, no need for m(metres)